

The Night Flight 5K/10K

TRAIL RACE IN THE DARK!

Camp Mount Luther, Mifflinburg, PA

April 3rd, 2010 at 8:30pm

The course will be the Dandelion 5K in reverse. Runners will decide on race day if they want to do a 5K or 10K (a double loop of the 5K). Headlamps, flashlights, torches, or any other means of illumination strongly encouraged (DUH) but will not be provided. The course will be marked with glow sticks and reflective arrows. Awards will be given in 10 year age groups up to 50+. Race shirts to all pre-registered. Limited quantities on race day! Portions of the proceeds will be donated to a local charity.

Don't be scared of the dark, sign up today!

Awards and Age Categories

- Overall Male & Female
- 19 & under
 - 20 - 29
 - 30 - 39
 - 40 - 49
 - 50 +

Fees and Payments

- Race shirts to all pre-registered runners
- Race day registration opens at 7:00pm
 - Pre-registration fee is \$15.00
 - Race day fee is \$20.00
 - Make checks payable to: Mid Penn Trailblazers
 - Send checks to Joel Heasley at: 18 North Charles Ave
Middleburg, PA 17842

INFO GUYS: Joel Heasley at: (570)765-0267 /Kevin Warren at: kwarren@ptd.net /Jason Fritz at: jasonfritz@dejazzd.com

DIRECTIONS:

Directions: Traveling on Route 45 West from Mifflinburg, go about 3.5 miles and then turn right onto Pleasant Grove Road at Christ's United Lutheran Church. Follow the Night Flight signs to Camp Mount Luther (about 2 miles from Route 45).
Traveling on Route 45 East from Hartleton, go 1.5 miles then turn left onto Pleasant Grove Road at Christ's United Lutheran Church. Follow the Night Flight signs to Camp Mount Luther (About 2 miles from Route 45)

Directed by **THE MID PENN TRAILBLAZERS /RRCA** Insured

www.midpenntailblazers.com

2010 Night Flight Registration

**Last
Name:**

**First
Name:**

Address:

City:

State:

Zip: _____

Phone: () _____

Shirt Size (Circle one): S M L XL XXL

Sex: M F

Date of Birth: / /

Race day AGE:

WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, getting lost, wildlife and insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Mid Penn Trailblazers, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS

SIGNATURE _____ **Date:** _____ / /

SIGNATURE OF GUARDIAN (if less than 18) _____